



OLLI NEWS



Volume 5 Issue 7

Friday, May 08, 2009

OLLI ROUNDTABLE

Reflecting on the First 100 Days of the Obama Presidency and the 111th Congress

Monday, May 11 - Doors open at 6:30 PM
for the 7:00 PM Event

The Osher Lifelong Learning Institute at the University of Connecticut's Waterbury Campus has announced a program, featuring a high profile panel, which will discuss and debate the first 100 days of the Obama Presidency. Announced Panelists Include Yvonne R. Davis, MS, MA, President & CEO of DAVIS Communications; Dan Haar, Hartford Courant Business Editor and Columnist; Former Congresswoman Nancy Johnson, and Jonathan Kellogg, Executive Editor of the Republican-American Newspaper; and former Clinton Administration appointee, Bill Curry. A reception will follow this event. "OLLI has never had to have a ticketed event before, but we knew the response to the first OLLI Roundtable would be strong and we would need a ticket system. Over half the tickets to the event are gone," said OLLI Director, Brian Chapman. OLLI members and their families receive priority seating (special colored ticket) to the event. Tickets are being released to the general public next week, so please call 203-236-9924 or email Osher@uconn.edu right away if you want tickets to this special event.

UConn Waterbury, Multipurpose Room
Monday, May 11, 7:00 - 9:00 PM
Reception following the event

CONGRATULATIONS!

OLLI member Sue Jokubaitis was named "Teacher of the Year" at the Barnard School in Waterbury.

Sue has been a teacher for 32 years - beginning her career in Prospect and then teaching in Waterbury.

It seems teaching is part of her family. Her husband was superintendent of schools in Wolcott and one of her daughters is a teacher in Farmington.

Congratulations Sue!

OLLI Newsletters go internet

Thanks to the UCONN webmaster, Yi Zhang, this session's newsletters are available on our web page at www.waterbury.uconn.edu/osher

Then click on the left-hand index that says "Newsletters". they are available in PDF format, if you don't have the free reader, you can get it at www.adobe.com and click on the box that says "READER".



GETTING TO KNOW YOU Friday — May 8

The OLLI Café will have a FUN event which will take the place of an OLLI Café speaker. REMEMBER to wear your name tags! See you then!

Before you go into the MPR for OLLI Café lunch, pick up your colored slip with table assignment number. Someone will be handing them out at the door.

When you are seated at your assigned table, write your name on the back of the colored slip and it will be collected for the door prize drawings.

REMEMBER to "Guess the Jelly Beans" - submit your entry at the table with the Jelly Bean jar. You could win a free year OLLI membership if you guess the correct number! GOOD LUCK & HAVE FUN!

- Make new friends—Keep the old
- Join the OLLI family and have fun
- Door Prizes from Palace Theater, Seven Angels Theatre, Mattatuck Museum, John Bale Bookstore and others.

OLLI Appreciation Event - May 15, 2009

OLLI Café May 15, 2009 is the OLLI Appreciation Event to honor OLLI presenters. Please come and support the dedication and volunteerism of our presenters!

From Nancy Via President of OLLI Leadership Council

Today, at OLLI Cafe, we have planned a program to learn about our entire OLLI membership. Today's theme is "Getting to Know You" and promises all of us the opportunity to meet one another and to have ample time to chat. Door prizes and freebies are in the offing. Please bring your lunch or stop by the UConn bookstore for food to bring with you. Just a reminder....we will be voting on the revised Guidelines today. Feel free to stop by Rita's office to read the revisions prior to the voice vote.

Next week at OLLI Cafe we will be acknowledging all of the Course Presenters who have made our Spring session classes so interesting, educational and a delight to attend. Please count on joining the entire OLLI membership in honoring these wonderful folks. Our Musica Scolara singers will be offering musical selections for our enjoyment.

We still need more helping hands to serve on the Travel and Events Committee. Please contact chairpersons Ann Rompre at ann.rompre@sbcglobal.net or Joyce Conlan at econlan@snet.net if you would like to join this active group. The more members we get the sooner our travel plans will be in place.

CREATIVE SUSTENANCE

Review by Bob Grady

On Tuesday night, April 28th, in the MRP room at 7:00, Dr. Ellen Carillo, Assistant Professor of English at Waterbury UConn, explained to the audience that the purpose of the second annual Creative Sustenance program had a two-fold objective. The price of admission was a canned food donation which will "help to sustain hungry and homeless individuals in the Waterbury community." The audience was "sustained" by the performances of faculty members, Dr. Frank Thomas and David Carillo, reading original poems and Tom Dulack and a group of talented students who performed excerpts from an original student play by Jason Stephens.

Tom Dulack then collaborated with Mary Beth Peil, stage, screen and TV entertainer, on an original play of his which is still a work in progress.

Mary Beth Peil then read from the one-woman play in which she recently starred, *M. PROUST*, and finished the evening with three Billy Collins-recent poet laureate poems.

The audience seemed well-sustained by the creative efforts of students and staff.



Lost & Found WE STILL HAVE A

Woman's olive green light quilted coat left in multipurpose room after OLLI Café.
Contact Rita.

AARP Driver Safety Program Comes to OLLI!

Ralph Muschett, AARP Instructor

OLLI at UConn is pleased to announce a new partnership with the AARP which begins in June 2009! Depending on your age, you may be eligible for an auto insurance discount—please call your insurance agent or insurance company for details. This eight-hour classroom refresher course was developed by the American Association of Retired Persons to help drivers 50 years of age and older improve their skills, prevent traffic accidents, and potentially receive insurance discounts. Registration is required. The cost is \$12 for AARP members and \$14 for non-AARP Members. Checks should be made payable to AARP (not OLLI) and will be collected by the instructor. Please bring Connecticut Driver's License, AARP membership number (if you are a member), and a pen. Please encourage a friend to register.

You do not need to be an OLLI or AARP member to register.

Registration is required by calling 203-236-9924 or email rita.quinn@uconn.edu
The classes are on Tuesdays, June 23 and June 30 from 9:00 AM to 1:00 PM in #113

Sewing tips Organizing Your Sewing Supplies

Get your sewing supplies organized with these helpful hints and tips:

- Keep a small magnet in your sewing basket. When needles and pins drop on the carpet while you're sewing, retrieve them quickly with the magnet.
- Sewing needles can get rusty and dull. Rub off any rust with an abrasive soap pad or steel wool.
- Leave a length of thread in a needle before storing it in a pincushion. You'll be able to see it more easily, and the needle will be less likely to slip inside the pincushion.
- A bar of soap makes a perfect pincushion. In addition to storing pins and needles, it lubricates the tips so that they slide easily through stiff fabrics.
- To keep scissors from damaging other items in your sewing basket, cover the points with the rubber protectors sold for knitting needles.
- Before throwing out clothing you no longer wear, stock up on notions by saving any usable zippers, buttons, or decorative trim. These can come in handy when you're trying to replace a fastener.
- Thread looks darker on the spool than it will on fabric. Choose a thread a shade darker than the material you'll be using it on.

OLLI at UCONN receives Grant

The Bernard Osher Foundation has announced that OLLI at UConn continues to meet its goals and will continue to be funded through June 30, 2010. Many thanks to the OLLI Leadership Council, OLLI Presenters, UConn Staff, and all Volunteers for their hard work and dedication to this organization.

From: David Blazeovich,
Senior Program Officer
The Bernard Osher Foundation

Once again, we applaud your many accomplishments over the past year and the remarkable work that you and your colleagues are doing to deliver interesting, engaging, and enriching educational experiences to older adults in Connecticut.

BOOK TALKS

Author Talk: *Don't Bite Your Tongue*, with Dr. Ruth Nemzoff Monday, June 1, 1:30 - 3:00 PM, Multipurpose Room

OLLI Doesn't Take the Summer Off

Summer Events at OLLI Announced

June 1, 2009 1:30 PM--Author Talk

Don't Bite Your Tongue: How to Foster Rewarding Relationships With Your Adult Children by Author Ruth Nemzoff
Monday, June 1, 2009

Multipurpose Room, UConn Waterbury
Light refreshments will be served.

June 2, 2009—OLLI Summer Classes Begin-Registration still being accepted Please call 203-236-9924

June 23 and June 30, 2009—AARP Driver Safety Program Comes to OLLI!

Check with your insurance company about discounts for attending this course. Please call 203-236-9924

July 14, 2009--2:00 PM

Thomas Hollowell -- **Allah's Garden**

Multipurpose Room, UConn Waterbury
A cataclysmic plight and true account of a life torn by a forgotten war deep in the Sahara Desert of Morocco. The tale focuses on one of the longest-held POWs in world history, taking readers deep into the Sahara sands-a land venerated by Muslims as Allah's Garden-to unveil its most shrouded secrets.

August

Second Annual OLLI Open House, Date to be announced

SUMMER SESSION

If you have not signed up for a class during the June OLLI summer session - or are still considering it - you can register for summer courses by calling Rita Quinn or via email rita.quinn@uconn.edu

If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours.

Henry David Thoreau

To achieve happiness, we should make certain that we are never without an important goal.

Earl Nightingale

Searching for Antiques

TIAS.com (<http://www.tias.com>) the Webs largest online antique and collectible mall released their monthly "Hot List" of Antiques & Collectibles. The TIAS "Hot List" has been published monthly since 2002. These monthly "Hot Lists" are based on hundreds of thousands of searches by people using the online search engines at the indicated Web sites. This month's list includes March and April of 2009. This will also allow you to see how categories have shifted position from month to month.

Keep in mind that these searches are what people were looking for, not necessarily what they were buying. In many cases, people will search for items when they are just trying to determine a value of a specific item that they have in their possession.

Here are the top ten search words used at <http://www.TIAS.com>. This site specializes in offering a broad range of antiques and collectibles:

- | | |
|--------------------|-----------------|
| March 2009 | April 2009 |
| 1. Bavaria | 1. Bavaria |
| 2. Cookie Jars | 2. Cookie Jars |
| 3. Transferware | 3. Transferware |
| 4. Hutschenreuther | 4. Reamer |
| 5. Teacups | 5. McCoy |
| 6. Bohemia | 6. Harker |
| 7. Roseville | 7. Plates |
| 8. Harker | 8. Ironstone |
| 9. Limoges | 9. Teacups |
| 10. Plates | 10. Pyrex |

Here are the top ten search words used at <http://www.AntiqueArts.com> . This site specialized in "high end" Antiques and Art:

- | | |
|---------------------|--------------------|
| March 2009 | April 2009 |
| 1. Limoges | 1. Chairs |
| 2. Tables | 2. Limoges |
| 3. Chairs | 3. Transferware |
| 4. Nippon | 4. Tables |
| 5. Desks | 5. White Ironstone |
| 6. Mirrors | 6. Sofas |
| 7. Sofas | 7. Tiffany |
| 8. Staffordshire | 8. Mirrors |
| 9. Rosewood | 9. Rosewood |
| 10. White Ironstone | 10. Desks |

OLLI Leadership Council

Council Members

OLLI officers are part of the Leadership Council, which is the principal representative body of the OLLI membership.

Council Officers

- President - Nancy Via
- 1st Vice President - Richard Kupstis
- 2nd Vice President - Connie Tripodi
- Secretary - Mary Lou Reignier
- Assistant Secretary - Robert Grady



Smiles from Bob
From Robert Blake

When I got this in my mail I knew I had to use it here. It may not be laughter but it is so true in so many ways.
A WONDERFUL MESSAGE by George Carlin (Part 2)



These are days of quick trips, disposable diapers, throwaway morality one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill.

It is a time when there is much in the showroom window, and nothing in the stockroom. A time when technology can bring this letter to you and a time when you can choose either to share this insight, or just hit delete. Remember spend some time with your loved ones, because they are not going to be around forever. Remember to say a kind word to someone who looks up to you in awe, because that little person soon will grow up and leave your side.

Remember to give a warm hug to the one next to you, because that is the only treasure that you can give with your heart, and it doesn't cost a cent. Remember to say "I love you" to your partner and loved ones, but most of all mean it. A kiss and an embrace will mend hurt when it comes from deep inside of you. Remember to hold hands and cherish the moment for some day that person will not be there again. Give time to love, give time to speak; and give time to share precious thoughts in your mind.

AND ALWAYS REMEMBER;
life is not measured by the number of breaths we take, but by the moments that take our breath away.

George's letter ends and I hope that you find some ideas that you consider worthwhile.

This Day in History

May 8th

1884: Harry S. Truman is born

1886 Coca-Cola invented

1933 The first police radio system, connecting headquarters to patrol cars and patrol cars to one another, was installed in Eastchester Township, New York, by Radio Engineering Laboratories of Long Island City, New York.

1945 On this day in 1945, both Great Britain and the United States celebrate Victory in Europe Day. Cities in both nations, as well as formerly occupied cities in Western Europe, put out flags and banners, rejoicing in the defeat of the Nazi war machine.

Slow Cooker

Garlic Top Sirloin Pot Roast

Rub salt, pepper and paprika into the meat. With a small knife, make slits in the roast. Press the garlic slivers into the roast. Place the potatoes, carrots, and onions in a large slow cooker. Place meat on top of the vegetables. Pour in water and beef broth, and add bouillon cubes and bay leaf. Place lid on slow cooker, and cook for 6 hours on High, or 8 hours on Low. During the last half hour of cooking, add the green peppers.

- 1 teaspoon salt
- 1 teaspoon freshly ground black pepper
- 1 teaspoon paprika
- 1 (3 pound) top sirloin roast
- 6 cloves garlic, slivered
- 6 Yukon Gold potatoes, peeled and quartered
- 4 carrots, cut into 2 inch pieces
- 2 large sweet onions, peeled and chopped
- 1/2 cup water
- 1/2 cup beef broth
- 3 cubes beef bouillon
- 1 bay leaf
- 2 large green bell peppers, cut into 2 inch pieces

Serves 8

OSHER LIFELONG LEARNING INSTITUTE AT UCONN, WATERBURY

The Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



Brian G. Chapman, Ed.D., Director
Tel: 203-236-9881
E-mail: brian.chapman@uconn.edu
Rita C. Quinn, Program Assistant
Tel: 203-236-9924
E-mail: rita.quinn@uconn.edu

The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut is an academic cooperative that provides older adults with opportunities for intellectual development, cultural stimulation, and social interaction. Our programs are centered around classes developed and taught by members who volunteer their time and talents to share their knowledge, life passions, and interest with other members. The OLLI program also sponsors special events featuring noted authors, scholars, and experts in respected professional fields.