



The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut is an academic cooperative that provides older adults with opportunities for intellectual development, cultural stimulation, and social interaction.

All About Antiques - Antiques Brunch and Lecture Series

Persian Rugs and the Stories They Tell

Sunday, September 27, 2009
• Noon-2:00 pm
At the Mattatuck Museum
144 W Main Street Waterbury
(203) 753-0381

Karen Reddington-Hughes
of Abrash Galleries

These works of art contain traditional folklore motifs, passing stories from generation to generation. Learn how each Persian rug has its own story, and how to judge quality and value.

In partnership with the Woodbury Antiques Dealers Association •
\$10 museum members,
\$15 non-members



MATTATUCK
MUSEUM
ARTS & HISTORY
CENTER

Some September 25th Birthdays

- 1725 Nicolas Joseph Cugnot
He was the inventor and builder of two steam-propelled tractors. They are considered to be the world's first automobiles.
- 1931 Barbara Walters
- 1936 Juliet Prowse
- 1944 Michael Douglas
- 1947 Chery Tiegs
- 1951 Mark Hamill
- 1952 Christopher Reeve
- 1961 Heather Locklear
- 1968 Will Smith (Fresh Prince)
- 1969 Catherine Zeta-Jones

How To Be A Movie Star – Elizabeth Taylor in Hollywood

Wednesday, October 7, 2009 CALL to sign up NOW, 203-236-9924
6:30 PM, at the Palace Theater
Light refreshments will be served.

Elizabeth Taylor is our greatest screen star. As she enters the last phase of a brilliant career and life, author William J. Mann offers a completely new look at this icon using previously untapped sources and offers an unprecedented look at stardom itself – through the life of perhaps the world's first superstar.

Here is Elizabeth Taylor as she was meant to be, leading her epic life on her own terms, playing the game of supreme stardom at which she remains, to this day, unmatched.

William J. Mann is the author of *Kate: The Woman Who Was Hepburn*, which was named a New York Times Notable Book. Mann has worked as a freelance journalist and editor, and has written several other works of fiction and nonfiction. He divides his time between Provincetown, Massachusetts and Palm Springs, California. He was a guest speaker for OLLI in spring 2007.

On Thursday, September 3, 2009 USA Today's Front Page featured William Mann's new book How to be a Movie Star: Elizabeth Taylor in Hollywood "one of the books our critics can't wait to read" OLLI at UConn is the second stop on the author tour of this new book!

OLLI NEEDS YOU- HELP US DOCUMENT LIFELONG LEARNING HISTORY!

If you are an OLLI member at the University of Connecticut you are part of the first and only OLLI in Connecticut (there are 122 Institutes around the USA). UConn OLLI is beginning to compile a first ever database on its members to chronicle our history and we need you! Dr. Laura Donorfio is requiring each of the degree-seeking students in her Adulthood and Aging class to interview at least one OLLI member.

We want to create a database for historical and marketing purposes highlighting our members: Why you joined OLLI, What you hoped to get out of it, What you are getting out of it, What you love about Lifelong Learning, Where your educational and professional career has taken you.

This is an opportunity for you to "tell your story" as it relates to lifelong learning and have it documented. The interview will take no longer than 30 minutes and is scheduled for Tuesday, October 27th between 4:00 - 6:00 PM in the Multipurpose Room at the UConn Waterbury Campus.

Light refreshments will be served. We need at least 50 OLLI members to start to create this wonderful piece of UConn and OLLI history! Please sign up directly or obtain more information by contacting Dr. Brian Chapman at 203-236-9881 or by emailing Osher@uconn.edu

Parking at OLLI at UConn

There are many options, but it is very important to plan ahead for Fridays at OLLI

We wish to extend a warm welcome to all continuing, renewing, and new OLLI Members. This semester OLLI promises to be more exciting than ever with over 39 courses and numerous special events and "extras". PLEASE DO NOT ASSUME you will find parking in the UConn Garage. Here are some important facts that each of you should know about parking for OLLI classes and activities at the University of Connecticut in downtown Waterbury:

A.) There is limited, first-come first-served free parking available in the UConn Garage (entrance located on North Elm Street) on Levels 2 & 3 ONLY. This garage cannot accommodate all OLLI Members and was never intended to do so. This parking option has been made available by the campus; we are fortunate that this option is currently still provided free of charge. Never park on level #1--ticketing is now enforced on this level. Your parking pass can also be used at the Scovill Municipal Garage.

B.) There is free "UConn Parking" available less than a block away on the 5th and 6th floors of the Municipal Scovill Street Parking Garage. This lot is located at 33 Scovill Street. You must show your OLLI Parking Pass upon departure. Please be prepared to show garage attendant your parking pass (it is also good to have OLLI ID Card). This parking option has been made available by the UConn Campus; we are fortunate that this option is currently still provided free of charge. After parking on level 5 or 6, make sure to do the following:

Proceed to Stairwell No. 3 (take stairs OR elevator) Exit on Level 2 (pink) -- Signs direct you to "School and Theater"
Go through door to Outside -- Waterbury Arts Magnet School Courtyard Take a left and follow the walkway/stairs or wheelchair ramp down to East Main Street. Look across the street and to the left--you will see the entrance to UConn Waterbury!

C.) Convenient Street-Level Parking Lot

An outdoor street-level parking lot is located between the campus building and the Moriarty Building on 141 East Main Street (across from the Palace Theater). The rate is usually \$3 per day and subject to change; this lot is not owned or operated by UConn.

Please help your fellow OLLI members! If you are physically able, please consider the many parking convenient alternatives to the UConn Parking Garage. Leaving more spaces in the UConn Garage for those who truly need to be a few steps closer to the building will be greatly appreciated!

NVP's 25th Annual Convention

Saturday, November 7

at the Mattatuck Museum 144 West Main St., Waterbury

The Naugatuck Valley Project was founded in 1983 by churches, unions and citizens' groups concerned about the rapid exodus of manufacturing jobs from the region during the early and mid 1980s.

Schedule for the Day:

11:00- Convention Program

12:30- Catered Buffet Lunch

1:30- Ribbon Cutting and Viewing of NVP History Project Exhibit

Cost: \$25 per person; \$15 children 9 to 13; children 8 and under free

RSVPing by October 23 is recommended to reserve a seat for the Convention.

NVP's contact info:
Naugatuck Valley Project
26 Ludlow St.
Waterbury, CT 06710
P:203-574-2410
F:203-574-3545
Email: nvp@conversent.net
Website:
naugatuckvalleyproject.org

OLLI membership

Annual OLLI membership is \$60

This is also called BASIC MEMBERSHIP.

When a member pays the annual \$60

- Participation in OLLI Café Activities - "A place to lunch and learn.
- Members are encouraged to bring a brown bag lunch – coffee and fruit will be provided
- Opportunity to register for OLLI courses – \$25 each course
- UConn Waterbury parking pass for your annual membership cycle
- Discounts for OLLI partnership events
- Entrance to Special OLLI Events
- Year-round notices about additional OLLI programs
- OLLI membership card

OLLI Leadership Council

Council Members

OLLI officers are part of the Leadership Council, which is the principal representative body of the OLLI membership.

Council Officers

President - Nancy Via
1st Vice President - Richard Kupstis
2nd Vice President - Connie Tripodi
Secretary - Mary Lou Reignier
Assistant Secretary - Robert Grady



We're on the web! www.waterbury.uconn.edu/osher



OLLI Café Events

OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of presentations and activities

that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses — OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required.

The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #113 • 11:30 – 12:00 Lunch
 • 12:00 – 1:00 speaker Presentation

September 25

The Freedom of Information Commission Works For You

The purpose of the Connecticut Freedom of Information Commission is to insure that the workings of state and local governments are open to the public. This includes open meetings, access to documents and full disclosure of the activities of all agencies on all levels.

You will learn how the agency operates, how the public can make use of its services and highlights from a few cases of special significance.

Sherman London has been a member of the Connecticut Freedom of Information since 1997 and has served as hearing officer on complaints involving about 500 cases. As a reporter for the Waterbury Republican and The American (then two newspapers) he covered local and state government, politics and the Connecticut General Assembly. For 20 years, he was editor of the editorial pages for both newspapers. He has always been a strong supporter of open government.

Future Café Events

- October 2** Renaissance Women Artists
- October 9** Bacteria and Other Microbes – Friends or Foe?
- October 16** The View From Cracker Hill
- October 23** Climate Change and Connecticut
- October 30** F. Luis Mora: America's First Hispanic Master
- November 6** OLLI Appreciation Event

Save the Date - Community Organization Fair

The University of Connecticut, Waterbury Campus

Tuesday, October 27th

12:30 to 2:30 PM

Networking and Refreshments

12:00 to 12:30 PM

To help facilitate and strengthen our University/community partnership, UConn's Waterbury campus will be hosting a Community Organization Fair. We are inviting a wide variety of community agencies to speak with students, OLLI members, faculty, and staff about the kind of help their agency needs and the opportunities for partnership and volunteerism.

In the end, a strong partnership can benefit all of our lives—your agencies, our students, and our community. If you would like more information now, please contact: Brian Chapman, Director of Outreach, brian.chapman@uconn.edu or 236-9881

WE WANT YOUR FEEDBACK!

Please provide us with your suggestions, submissions and comments Praises and/or critique

What do you want to read in the Newsletter ?
 Contact or send your ideas to:

Bob Grady: 860-274-9389 Email: yvoorg@aol.com
 Connie Tripodi: 203-756-3271 Email: trip3271@yahoo.com
 Tony Loechner: 203-596-1664 Email: tonyl@loechner.com

OLLI Newsletters Go Internet

OLLI newsletters are available on our web page at www.waterbury.uconn.edu/osher

Then click on the left-hand index that says "Newsletters". They are available in PDF format, if you don't have the free reader, you can get it at www.adobe.com and click on the box that says "READER".

Understanding Aging Together !



Sigma Phi Omega (SPO) BETA UPSILON Chapter

National academic honor and professional society in gerontology

Saint Joseph College, Institute of Gerontology
 1678 Asylum Avenue, West Hartford, CT 06117



Invites you to our October 2009 meeting for a special presentation by "The Backpackin' Granny", Marla Ludwig

Thursday, October 15th 5:30-7:30pm
St. Joseph College,
Bruyette Bldg, Room 224
 Refreshments

Parking available near Chapel
 Suggested donation \$5 RSVP by 10/12/2009 to sigmaphiomegarsvp@gmail.com

The Society for Financial Awareness (SOFA) to offer FREE financial seminars at UCONN Waterbury

All Seminars: **Multipurpose Room (Rooms 113-116) 5:30 - 6:30 PM**
University of Connecticut, Waterbury campus
99 East Main Street Waterbury, CT

The Society for Financial Awareness is a not-for-profit organization that offers financial education to corporations, employers, families, and organizations through seminars and interactive workshops. SOFA will be offering **3 seminars at the Uconn Waterbury campus led by James Coleman**. These seminars are FREE and co-sponsored by the Osher Lifelong Learning Institute; these are among the first SOFA Seminars offered in the region. Light refreshments will be served. Seminar dates and corresponding topics are listed below.

We are excited to offer another program related to financial awareness that is not connected in any way to financial products or services.

We encourage you to register to attend and invite a friend. **OLLI members will receive priority registration through September 25, 2009.** Non-OLLI members can request to register at any time, but will only be confirmed after September 25, 2009. **The RSVP deadline for everyone is October 7, 2009.**

James W. Coleman, Sr. is an independent financial advisor with two decades of experience in the financial services industry. He hosts a radio talk show, *All About Money*, on WATR. He has authored *Educated Investing: Your Guide to Surviving, and Thriving in, the Fast-Paced Global Markets of the 21st Century*

Wednesday, Oct. 14, 2009 "Getting Fiscally Fit"

- Basic principles of cash management
- Accumulating Wealth
- Locating & maximizing discretionary income
- The importance of having a financial blueprint
- Roadblocks to financial success

Wednesday, Oct. 21, 2009

"Financial Blunders...Financial Resolutions"

- When and how to deal with stock and stock options
- How to "preserve" and "protect" our assets against a plunging market
- The bank: is it really the place to "save" money
- How truly naïve we are in understanding the market... great opportunities and risks.
- How to avoid losing up to 40% of your retirement plan on the day you walk away
- How to avoid strangers becoming guardians of your children in the event of an untimely death

Wednesday, November 4, 2009

"Investing Concerns in a fragile market"

- The U.S. economy is heating up; learn how to grow your money wisely.
- Why "down" markets create investment "opportunities" for the wise Investor.
- Do you know what you're doing when you invest?
- The "cash flow" eliminator, debt. Admit, spending before planning is "terminal" to investment.

OLLI AT UCONN OFFERS THE AARP DRIVER SAFETY COURSE

OLLI Membership is not required to register

November 10 & 17, 2009, 4:00 PM – 8:00 PM, Room #113
January 6 & 13, 2010, 9:00 AM – 1:00 PM, Room #113

On today's challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older.

Participants learn how to operate their vehicles more safely in today's challenging driving environment and also receive the "rules of the road," with an emphasis on safety strategies. There are no on-the-road or written tests.

The 8-hour course offers drivers:

- Insight into how age-related changes in vision, hearing and reaction time affect driving
- Information about the most dangerous situations for older drivers.
Tips for driving with trucks, buses and other large vehicles
- Strategies for handling aggressive and impaired drivers
- Recommendations for scanning habits, mirror adjustments and following distances
- Ways to evaluate unsafe driving habits.

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount. Registration and Cost \$12 AARP Member (you must bring your membership number to the first class) \$14 Non-AARP-member.

Please call 203-236-9924 to register today!
Fees are payable on the first day of class in the classroom

History Of Waterbury

From www.waterburyct.org
Quid Aere Perennius

(What Is More Lasting Than Brass)

The original settlement of Waterbury was in 1674 in the Town Plot section. King Philip's War caused it to be vacated and the location was changed to the Western part of the Green in 1677. Both sites are marked. The Algonquin name for the area was "Matetacoke" meaning "place without trees." It appeared as "Mattatock" in 1673, and "Mattatuck" in the General Court record of May 18, 1674.

The name changed to Waterbury on May 15, 1686, when the settlement was admitted as the 28th town in the Connecticut colony. It then included all parts all or parts of the later town of Watertown, Plymouth, Wolcott, Prospect, Naugatuck, Thomaston and Middlebury. The name Waterbury was chosen because of all the streams flowing into the Naugatuck. Waterbury was incorporated as a city in 1853.

Waterbury occupies 28.9 square miles. Its elevation is between 215 and 965 feet above sea level.

"Quid Aere Perennius" is the inscription in marble above the City Hall entrance. It translates as "What is More Lasting Than Brass?" and was chosen by Frederick Kingsbury for his design of the Waterbury Seal in 1876. It was inspired by Horace's Book III, Ode XXX: "I have executed a monument which is more lasting than brass and more sublime than the regal elevation of pyramids which neither wasting the shower, the unavailing north wind, or an innumerable succession of years and the flight of seasons shall be able to demolish."



Smiles from Bob

From Robert Blake

TEN QUICK SMILE LINES

- My husband and I divorced over religious differences. He thought he was God and I didn't.
- I don't suffer from insanity. I enjoy every minute of it.
- I used to have a handle on life, but it broke.
- Don't take life too seriously; no one gets out alive.
- YOU'RE JUST JEALOUS BECAUSE THE VOICES ONLY TALK TO ME.
- I'm not a complete idiot some parts are missing.
- Consciousness. That annoying time between naps.
- Being over the hill is much better than being under it.
- Ever stop to think and forgot to start again.
- OUT OF MY MIND. BACK IN A FEW MINUTES

SOME ECHOES FROM THE PAST

- Be sure to refill the ice trays.
- We're having company tomorrow.
- Quit slamming the screen door when you go out!
- Don't forget to wind the clock before you go to bed.
- Don't go outside with your school clothes on.
- Pour off the cream from the new milk bottle.
- Here's a dollar. Get 5 gallons of gas for the car.
- Don't sit so close to the TV. It's bad for your eyes.
- No I don't have a quarter for the movies!
- Bring back those soda bottles.
- You'll get a spanking if I hear about a problem at school!
- Don't cross your eyes! They'll get stuck that way!

September 25, 1963

Annette Funicello's first beach film

Beach Party, starring Annette Funicello and Frankie Avalon, debuts. The film was the first of several such frothy beach films for the pair-they also starred together in Muscle Beach Party (1964) and How to Stuff a Wild Bikini (1965). Funicello started out as one of the Mouseketeers on the TV show The Mickey Mouse Club in the 1950s. Avalon was a popular singer. The pair reunited for Back to the Beach in 1987.

Thoughts on OLLI Avery Point Trip:

From Robert Lynch

By way of background, before Tuesday's trip I had visited the Avery Point Research Center in the early eighties. Interestingly in itself is the fact that trip was also through an affiliation with UCONN. That trip was part of the New England Rural Leadership (NERL) program jointly sponsored by the Extension Services at the six New England Land Grant Universities. The NERL program was funded by a grant from the Kellogg foundation.

At that time the facility was an off-site UCONN facility and may have been administered through the Extension Service. The facility was little more than a collection of wood shingled buildings crammed full of pumps, tanks, tubes, filters, and research equipment - as well as a small staff of dedicated professors, researchers, and students. The facility was also home to a few research vessels which were used to conduct coastal and marine research. My recollection is that the center was doing extensive research into Aquaculture - which was just starting to evolve into a viable and profitable way to raise fish.

You can only imagine my surprise when we arrived at Avery Point. At first I thought that maybe my memory was faulty and that this wasn't the place I had visited in the eighties. However, by the end of the tour I realized that in the eighties we had met the infant and could only speculate as to its future potential. Now we saw the child all grown up and experiencing its potential. Who knows one day this campus may come to outshine the UCONN parent campus in Storrs.

Starting at the Plant house - which I don't recall at all from my previous visit - to the relatively new Marine Research center building the campus was a visual and sensory treat. The presentations by the professors were extremely interesting and clearly demonstrated that the scope of research being conducted at Avery Point had expanded quite dramatically from the mid eighties. Also, the interaction between us and the researchers was markedly different. The presentations this time were conducted using Power Point slides in an air-condition auditorium, while the during the eighties trip we got to peer into tanks and look at marine specimens. I was a little disappointed that we didn't get to do that this trip, but understand that time constrains what we can do and see.

I thoroughly enjoyed my visit to Avery Point and would go again, if the opportunity arose. My thanks OLLI for sponsoring this trip and the folks on the Travel & Events Committee who worked to make the trip a success.

The Avery Point Campus was formerly the summer estate of Morton Plant, a railroad, steamship and hotel magnate. Branford House, the mansion overlooking Long Island Sound, was reportedly worth \$3 million when it was completed in 1904. Also located on the estate was a caretaker's house (the current police station) and a barn and horse stable (the current physical plant buildings). The estate included what is now the Shennecossett Public Golf Course located just north of the campus.

The Plant estate was turned over to the State of Connecticut in the 1930's. During World War II, it was leased to the Coast Guard as a training center. During that period, the Coast Guard built the present cinder block buildings. In 1967, the estate was converted to the Southeastern Campus of the University of Connecticut, later renamed the University of Connecticut at Avery Point.

Osher Lifelong Learning Institute at UCONN, Waterbury

The Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
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Our programs are centered around classes developed and taught by members who volunteer their time and talents to share their knowledge, life passions, and interest with other members. The OLLI program also sponsors special events featuring noted authors, scholars, and experts in respected professional fields.