



The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut is an academic cooperative that provides older adults with opportunities for intellectual development, cultural stimulation, and social interaction.

A BRIEF INTRODUCTION TO COPYRIGHT LAW

Bob Grady, Editor

The UConn Waterbury Research Lecture Series allows OLLI members and others the opportunity to become more knowledgeable about current topics of interest.

As an example, Edward H. Freeman, JD, MCP, MCT, on Wednesday, September 30th presented a scintillating and informative lecture defining the principal of copyright law and what it does and does not protect. Essentially what he emphasized was that if you are in doubt, get permission to use the material. He also pointed out that copywriting material is not primarily to protect the creator. The main purpose of copyright is to encourage people to create, as he calls it, "stuff".

As a former high school teacher, it was gratifying to know that I had not violated copyright law by showing films to my students. The next two lectures in this series cover the development of anxiety in childhood and why the brain prefers cocaine to broccoli.

UConn research faculty invite OLLI members to participate in these most enlightening lectures, so please take advantage of the opportunity.

If you want an accounting of your worth, count your friends.

- Merry Browne

How To Be A Movie Star – Elizabeth Taylor in Hollywood

Wednesday, October 7, 2009 CALL to sign up NOW, 203-236-9924
6:30 PM, at the Palace Theater
Light refreshments will be served.

Elizabeth Taylor is our greatest screen star. As she enters the last phase of a brilliant career and life, author William J. Mann offers a completely new look at this icon using previously untapped sources and offers an unprecedented look at stardom itself – through the life of perhaps the world’s first superstar.

Here is Elizabeth Taylor as she was meant to be, leading her epic life on her own terms, playing the game of supreme stardom at which she remains, to this day, unmatched.

William J. Mann is the author of *Kate: The Woman Who Was Hepburn*, which was named a New York Times Notable Book. Mann has worked as a freelance journalist and editor, and has written several other works of fiction and nonfiction. He divides his time between Provincetown, Massachusetts and Palm Springs, California. He was a guest speaker for OLLI in spring 2007.

On Thursday, September 3, 2009 USA Today’s Front Page featured William Mann’s new book [How to be a Movie Star: Elizabeth Taylor in Hollywood](#) “one of the books our critics can't wait to read” OLLI at UConn is the second stop on the author tour of this new book!

A.A.A.D.D.—Age Activated Attention Deficit Disorder

Recently, I was diagnosed with A.A.A.D.D.—Age Activated Attention Deficit Disorder.

This is how it manifests itself. I decide to water my garden.

As I turn on the hose in the driveway, I look over at my car and decide it needs washing.

As I start toward the garage, I notice mail on the porch table that I brought up from the mail box earlier.

I decide to go through the mail before I wash the car.

I lay my car keys on the table, put the junk mail in the garbage can under the table, and notice that the can is full.

So, I decide to put the bills back on the table and take out the garbage first.

But then I think, since I'm going to be near the mailbox, when I take out the garbage anyway, I may as well pay the bills first.

I take my check book off the table, and see that there is only one check left.

My extra checks are in my desk in the study, so I go inside the house to my desk where I find the cup of coffee I'd been drinking. I'm going to look for my checks, but first I need to push the coffee aside so that I don't accidentally knock it over.

The coffee is getting cold, and I decide to make another cup.

As I head toward the kitchen with the cold coffee, a vase of flowers on the counter catches my eye— And they need water.

I put the coffee on the counter and discover my reading glasses that I've been searching for all morning.

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Parking at OLLI at UConn

There are many options, but it is very important to plan ahead for Fridays at OLLI

We wish to extend a warm welcome to all continuing, renewing, and new OLLI Members. This semester OLLI promises to be more exciting than ever with over 39 courses and numerous special events and "extras". PLEASE DO NOT ASSUME you will find parking in the UConn Garage. Here are some important facts that each of you should know about parking for OLLI classes and activities at the University of Connecticut in downtown Waterbury:

A.) There is limited, first-come first-served free parking available in the UConn Garage (entrance located on North Elm Street) on Levels 2 & 3 ONLY. This garage cannot accommodate all OLLI Members and was never intended to do so. This parking option has been made available by the campus; we are fortunate that this option is currently still provided free of charge. Never park on level #1--ticketing is now enforced on this level. Your parking pass can also be used at the Scovill Municipal Garage.

B.) There is free "UConn Parking" available less than a block away on the 5th and 6th floors of the Municipal Scovill Street Parking Garage. This lot is located at 33 Scovill Street. You must show your OLLI Parking Pass upon departure. Please be prepared to show garage attendant your parking pass (it is also good to have OLLI ID Card). This parking option has been made available by the UConn Campus; we are fortunate that this option is currently still provided free of charge. After parking on level 5 or 6, make sure to do the following:

Proceed to Stairwell No. 3 (take stairs OR elevator) Exit on Level 2 (pink) -- Signs direct you to "School and Theater"
Go through door to Outside -- Waterbury Arts Magnet School Courtyard Take a left and follow the walkway/stairs or wheelchair ramp down to East Main Street. Look across the street and to the left--you will see the entrance to UConn Waterbury!

C.) Convenient Street-Level Parking Lot

An outdoor street-level parking lot is located between the campus building and the Moriarty Building on 141 East Main Street (across from the Palace Theater). The rate is usually \$3 per day and subject to change; this lot is not owned or operated by UConn.

Please help your fellow OLLI members! If you are physically able, please consider the many parking convenient alternatives to the UConn Parking Garage. Leaving more spaces in the UConn Garage for those who truly need to be a few steps closer to the building will be greatly appreciated!

We Need You!

**Children's Community School
is looking for volunteers.**

CCS is an independent, non-profit, Pre-k through grade five school established in 1969 to offer hope and opportunity to Waterbury students.

After School Tutor: Volunteers work one on one with students participating in the program. You will provide valuable one-on-one assistance to strengthen the academic skills of our students. The tutoring program runs Monday through Friday from 3:00 to 4:30.

Please contact Kathie Collins at 575-0659 x 12
31 Wolcott Street, Waterbury, CT 06721

OLLI membership

Annual OLLI membership is \$60
This is also called BASIC MEMBERSHIP.
When a member pays the annual \$60

- Participation in OLLI Café Activities - "A place to lunch and learn.
- Members are encouraged to bring a brown bag lunch – coffee and fruit will be provided
- Opportunity to register for OLLI courses – \$25 each course
- UConn Waterbury parking pass for your annual membership cycle
- Discounts for OLLI partnership events
- Entrance to Special OLLI Events
- Year-round notices about additional OLLI programs
- OLLI membership card

OLLI Leadership Council

Council Members

OLLI officers are part of the Leadership Council, which is the principal representative body of the OLLI membership.

Council Officers

President - Nancy Via
1st Vice President - Richard Kupstis
2nd Vice President - Connie Tripodi
Secretary - Mary Lou Reignier
Assistant Secretary - Robert Grady



We're on the web! www.waterbury.uconn.edu/osher



OLLI Café Events

OLLI Café is a venue for the exchange of ideas and experiences focusing on improving the quality of life. The goal of OLLI Café is to present a potpourri of

presentations and activities that provide information and new knowledge to OLLI members.

Bring your lunch and we will provide the coffee and fruit! OLLI Café presentations are open to all OLLI members. These are not courses — OLLI Café is one of the benefits of your annual OLLI membership. Pre-registration is not required.

The weekly event features a guest speaker followed by a short Q&A session.

Fridays—Room #113 • 11:30 – 12:00 Lunch
 • 12:00 – 1:00 speaker Presentation

Oct 2, 2009 Renaissance Women Artists

The most celebrated artists of the Renaissance are all men: Leonardo da Vinci, Michelangelo, and Raphael. However, there were also a number of important female artists, whose accomplishments until recently have been very much underestimated, if not totally ignored. Three exceptional Renaissance women have helped define the role of professional female artists. They made it possible for other generations to follow in their footsteps: Sophonisba Anguissola (ca. 1535 - 1625), Lavinia Fontana (1552 – 1612) and Artemisia Gentileschi (1593 – 1652).

Véronique Sintobin Dulack is a Belgian born art-historian who has been teaching as an adjunct professor at the Waterbury Campus of the University of Connecticut since 2000. From 1987 to 1999, she was an associate researcher in the Department of European Paintings at the Metropolitan Museum of Art where she continues to lecture. Her most recent publication is the monograph *Belgium- Art-New York*

Future Café Events

October 9	Bacteria and Other Microbes – Friends or Foe?
October 16	The View From Cracker Hill
October 23	Climate Change and Connecticut
October 30	F. Luis Mora: America’s First Hispanic Master
November 6	OLLI Appreciation Event

OLLI NEEDS YOU- HELP US DOCUMENT LIFELONG LEARNING HISTORY!

If you are an OLLI member at the University of Connecticut you are part of the first and only OLLI in Connecticut (there are 122 Institutes around the USA). UConn OLLI is beginning to compile a first ever database on its members to chronicle our history and we need you! Dr. Laura Donorfio is requiring each of the degree-seeking students in her Adulthood and Aging class to interview at least one OLLI member.

We want to create a database for historical and marketing purposes highlighting our members: Why you joined OLLI, What you hoped to get out of it, What you are getting out of it, What you love about Lifelong Learning, Where your educational and professional career has taken you.

This is an opportunity for you to "tell your story" as it relates to lifelong learning and have it documented. The interview will take no longer than 30 minutes and is scheduled for Tuesday, October 27th between 4:00 - 6:00 PM in the Multipurpose Room at the UConn Waterbury Campus.

Light refreshments will be served. We need at least 50 OLLI members to start to create this wonderful piece of UConn and OLLI history! Please sign up directly or obtain more information by contacting Dr. Brian Chapman at 203-236-9881 or by emailing Osher@uconn.edu

WE WANT YOUR FEEDBACK!

Please provide us with your suggestions, submissions and comments Praises and/or critique

What do you want to read in the Newsletter ?
 Contact or send your ideas to:

Bob Grady: 860-274-9389 Email: yvoorg@aol.com
 Connie Tripodi: 203-756-3271 Email: trip3271@yahoo.com
 Tony Loechner: 203-596-1664 Email: tonyl@loechner.com

OLLI Newsletters Go Internet

OLLI newsletters are available on our web page at www.waterbury.uconn.edu/osher

Then click on the left-hand index that says “Newsletters”. They are available in PDF format, if you don’t have the free reader, you can get it at www.adobe.com and click on the box that says “READER”.

Understanding Aging Together !



Sigma Phi Omega (SPO) BETA UPSILON Chapter

National academic honor and professional society in gerontology

Saint Joseph College, Institute of Gerontology
 1678 Asylum Avenue, West Hartford, CT 06117



Invites you to our October 2009 meeting for a special presentation by “The Backpackin’ Granny”, Marla Ludwig

Thursday, October 15th 5:30-7:30pm
St. Joseph College,
Bruyette Bldg, Room 224
 Refreshments

Parking available near Chapel
 Suggested donation \$5 RSVP by 10/12/2009 to sigmaphiomegarsvp@gmail.com

The Society for Financial Awareness (SOFA) to offer FREE financial seminars at UCONN Waterbury

All Seminars: **Multipurpose Room (Rooms 113-116) 5:30 - 6:30 PM**
University of Connecticut, Waterbury campus
99 East Main Street Waterbury, CT

The Society for Financial Awareness is a not-for-profit organization that offers financial education to corporations, employers, families, and organizations through seminars and interactive workshops. SOFA will be offering **3 seminars at the Uconn Waterbury campus led by James Coleman**. These seminars are FREE and co-sponsored by the Osher Lifelong Learning Institute; these are among the first SOFA Seminars offered in the region. Light refreshments will be served. Seminar dates and corresponding topics are listed below.

We are excited to offer another program related to financial awareness that is not connected in any way to financial products or services.

We encourage you to register to attend and invite a friend. **OLLI members will receive priority registration through September 25, 2009.** Non-OLLI members can request to register at any time, but will only be confirmed after September 25, 2009. **The RSVP deadline for everyone is October 7, 2009.**

James W. Coleman, Sr. is an independent financial advisor with two decades of experience in the financial services industry. He hosts a radio talk show, *All About Money*, on WATR. He has authored *Educated Investing: Your Guide to Surviving, and Thriving in, the Fast-Paced Global Markets of the 21st Century*

Wednesday, Oct. 14, 2009

"Getting Fiscally Fit"

- Basic principles of cash management
- Accumulating Wealth
- Locating & maximizing discretionary income
- The importance of having a financial blueprint
- Roadblocks to financial success

Wednesday, Oct. 21, 2009

"Financial Blunders...Financial Resolutions"

- When and how to deal with stock and stock options
- How to "preserve" and "protect" our assets against a plunging market
- The bank: is it really the place to "save" money
- How truly naïve we are in understanding the market... great opportunities and risks.
- How to avoid losing up to 40% of your retirement plan on the day you walk away
- How to avoid strangers becoming guardians of your children in the event of an untimely death

Wednesday, November 4, 2009

"Investing Concerns in a fragile market"

- The U.S. economy is heating up; learn how to grow your money wisely.
- Why "down" markets create investment "opportunities" for the wise Investor.
- Do you know what you're doing when you invest?
- The "cash flow" eliminator, debt. Admit, spending before planning is "terminal" to investment.

GLOBAL LENS FILM SCREENINGS

The Mattatuck Museum is offering OLLI members an invitation to the

**Sunday Afternoons October 11 - December 13, 2009,
2:00 PM – OLLI Members pay \$5 per film!**

Convenient, free parking is located directly behind the museum on Park Place. For more information about this or other programs, and the museum's collections, please call 203-753-0381 ext 10 or visit the website at www.MattatuckMuseum.org.

October 11, 2009, 2:00 pm - **Getting Home** (Director Zhang Yang, China, 2007)

In this soulful and humane comedy, Zhao, a middle-aged construction worker, struggles to fulfill a dying co-worker's last wish to be buried in China's Three Gorges region.

October 18, 2009, 2:00 pm - **I Am From Titov Veles** (Director Teona Strugar Mitevska, Macedonia, 2007)

Set in the quaint but scarred town of Veles, three sisters put self-interest above family as they take desperate steps to escape their dying community.

October 25, 2009, 2:00 pm - **Matum** (Sandra Kogut, Brazil, 2007)

Burdened by his parents' unhappy marriage and father's abuse, a young boy in rural Brazil grapples with his disintegrating family and uncertainties of the adult world.

November 1, 2009, 2:00 pm - **My Time Will Come** (Director Víctor Arregui, Ecuador, 2008)

In Ecuador's capital city, a coroner's fragile emotional life is threatened when he develops a personal interest in his cases.

November 8, 2009, 2:00 pm - **The Photograph** (Director Nan Achnas, Indonesia, 2007)

A woman struggling to support her family forms a bond with the reclusive portrait photographer from whom she rents a room.

November 15, 2009, 2:00 pm - **Possible Lives** (Director Sandra Gugliotta, Argentina, 2006)

A woman searching for her missing husband in remote Patagonia encounters a man who appears to be her spouse, but has another name, another wife and another life.

November 22, 2009, 2:00 pm - **Sleepwalking Land** (Director, Teresa Prata, Mozambique, 2007)

In war-torn Mozambique, a young boy searches the desolate countryside for his family with the aid of an affectionate yet hard-hearted elderly guide.

November 29, 2009, 2:00 pm - **Song From the Southern Seas** (Director Marat Sarulu, Kazakhstan, 2008)

A darkly comic feud is ignited when a Russian man suspects that his son is the result of an affair between his wife and a Kazakh neighbor.

December 6, 2009, 2:00 pm - **Those Three** (Director Naghi Nemati, Iran, 2007)

A day from completing their military training, three conscripts abandon a dismal army life and head off for freedom through the frozen wilderness of Northern Iran.

December 13, 2009, 2:00 pm - **What a Wonderful World** (Director Faouzi Bensaïdi, Morocco, 2006)

On the streets of Casablanca, a tough traffic cop falls in love with a contract killer.

Library workshops 11:45 AM – 1:10 PM Room #224

This hands-on OLLI workshop is sponsored by UConn library personnel from the Waterbury, Torrington, Avery Point, Stamford and Storrs campuses. A basic knowledge of computers and familiarity with the internet is required. These are not individual workshops – registration covers the series which takes place during OLLI Café time. See registration form to sign up for the free workshop series.

Session II – October 2

Tracking Down the Best on the Web
 Instructor: Shelley Roseman, UConn Waterbury
 Ever feel like you're wasting time on the web? Learn how to sort through the clutter of information and misinformation. You'll be able to track down reputable health web sites; trustworthy business/financial information fun sites focusing on hobbies, politics, humor and more. This session encourages lively discussion and welcomes your input, so bring along your list of favorite websites.

Session III – October 9

Online Learning Tools: To Keep You on Your Toes
 Instructor: Phara Bayonne, UConn Stamford
 iTunes? RSS Feeds? Podcasts? If you're wondering what all the fuss is about, learn how these "web 2.0" tools can work for you to help you learn new subjects, stay current on topics of interest, and be alerted to breaking news.

Session IV – October 16

Social Networking Tools: Staying Connected With Friends

Session V – October 23

Savvy Searching: Exploring Google

Session VI – October 30

Exploring Firefox: The Other Browser

Worcestershire Sauce

Worcestershire sauce was invented accidentally in England by Brits trying to ape what they thought was authentic Indian food. In this case, the demanding diner was one Lord Marcus Sandy, a former colonial governor of Bengal. Having grown attached to a particular flavor of Indian sauce, he recruited two drugstore owners, John Lea and William Perrins, in hopes that they could recreate it based on his descriptions. Lea and Perrins thought they'd make a profit by selling the leftovers in their store, but frankly, the sauce they created had a powerful stench – so they stashed it in the basement and forgot about it for two years while it aged into something that tasted much better. (We suspect that in a similar manner, we are harboring the next big culinary phenomenon in the back of our fridge.)

Lea and Perrins sold the stuff to a boatload of customers, literally; they convinced British passenger ships to carry some aboard. Presumably they didn't mention the way they'd come across their secret recipe since it probably would have made most people seasick.

OLLI AT UCONN OFFERS THE AARP DRIVER SAFETY COURSE

OLLI Membership is not required to register

November 10 & 17, 2009, 4:00 PM – 8:00 PM, Room #113
 January 6 & 13, 2010, 9:00 AM – 1:00 PM, Room #113

On today's challenging roadways, we need to be able to adapt quickly to the demands imposed by changing traffic patterns, trucks, and the changes in our bodies as we age. The AARP Driver Safety Program is the nation's first and largest classroom driver safety course designed especially for drivers age 50 and older.

Participants learn how to operate their vehicles more safely in today's challenging driving environment and also receive the "rules of the road," with an emphasis on safety strategies. There are no on-the-road or written tests.

The 8-hour course offers drivers:

- Insight into how age-related changes in vision, hearing and reaction time affect driving
- Information about the most dangerous situations for older drivers.
 Tips for driving with trucks, buses and other large vehicles
- Strategies for handling aggressive and impaired drivers
- Recommendations for scanning habits, mirror adjustments and following distances

Upon completion, participants will receive a Certificate which they can submit to their insurance companies for an insurance discount. State law mandates that all insurance companies must provide a discount of at least 5% off liability insurance for at least two years for those 60 and older. Check with your insurance company to verify the discount. Registration and Cost \$12 AARP Member (you must bring your membership number to the first class) \$14 Non-AARP-member.

Please call 203-236-9924 to register today!
 Fees are payable on the first day of class in the classroom

NVP's 25th Annual Convention

Saturday, November 7

at the Mattatuck Museum 144 West Main St., Waterbury

The Naugatuck Valley Project was founded in 1983 by churches, unions and citizens' groups concerned about the rapid exodus of manufacturing jobs from the region during the early and mid 1980s.

Schedule for the Day:

11:00- Convention Program
 12:30- Catered Buffet Lunch
 1:30- Ribbon Cutting and Viewing of NVP History Project Exhibit
 Cost: \$25 per person; \$15 children 9 to 13; children 8 and under free
 RSVPing by October 23 is recommended to reserve a seat for the Convention.

NVP's contact info:
 Naugatuck Valley Project
 26 Ludlow St.
 Waterbury, CT 06710
 P:203-574-2410
 F:203-574-3545
 Email: nvp@conversent.net
 Website:
 naugatuckvalleyproject.org

Smiles from Bob

From Robert Blake

WHY DO WE SAY?"Don't throw the baby out with the bath water"

The privilege of first into the hot bath water went to the men in the family, and then to the women and then the children and finally the babies. And so...

"Dirt Poor" and "Threshold"

The wealthy had some kind of flooring in their homes, while the poor had dirt floors. Wealthy floors which might be slate were strewn with straw called thresh which built up over the months and would spill out the doors. They began putting a board to hold back the thresh. And so...

"Wake" "Graveyard Shift" "Saved by the Bell"

People were found unconscious from drink or accidents and so were laid out in their homes for a day or so. Some woke up and some didn't.

When reopening coffins to reuse a gravesite they sometimes found scratch marks on the inside. They then began tying a string to the corpse and making someone sit out in the cemetery all night listening for the bell outside on the string. And so...

NEXT WEEK MORE...



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A.A.A.D.D.—Age Activated Attention Deficit Disorder

I decide I better put them back on my desk, but first I'm going to water the flowers.

I set the glasses back down on the counter, fill a container with water and suddenly spot the TV remote. Someone left it on the kitchen table.

I realize that tonight when we go to watch TV, I'll be looking for the remote, but I won't remember that it's on the kitchen table, so I decide to put it back in the den where it belongs, But first I'll water the flowers.

I pour some water in the flowers, but quite a bit of it spills on the floor.

So, I set the remote back on the table, get some towels and wipe up the spill.

Then, I head down the hall trying to Remember what I was planning to do.

At the end of the day: the car isn't washed, the bills aren't paid there is a cold cup of coffee sitting on the counter the flowers don't have enough water, there is still only 1 check in my check book, I can't find the remote, I can't find my glasses, and I don't remember what I did with the car keys.

Then, when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all damn day and I'm really tired.

I realize this is a serious problem, And I'll try to get some help for it.

The University of Connecticut at Waterbury 2nd Community Organization Fair

The University of Connecticut, Waterbury Campus Main Concourse

Tuesday, October 27th

12:30 to 2:30 PM

Networking and Refreshments 12:00 to 12:30 PM

To help facilitate and strengthen our University/community partnership, UConn's Waterbury campus will be hosting a Community Organization Fair. We are inviting a wide variety of community agencies to speak with students, OLLI members, faculty, and staff about the kind of help their agency needs and the opportunities for partnership and volunteerism.

In the end, a strong partnership can benefit all of our lives—your agencies, our students, and our community. If you would like more information now, please contact: Brian Chapman, Director of Outreach, brian.chapman@uconn.edu or 236-9881

We are seeking an OLLI member interested in hosting a voter registration table at the Fair. Table, chair(s), and Voter Registration cards will be provided. Stickers are available to hand-out to students that register. If you are interested in volunteering, please email Peg Ragaini at peg.ragaini@gmail.com.

Osher Lifelong Learning Institute at UCONN, Waterbury

The Osher Lifelong Learning Institute
The University of Connecticut
99 East Main Street
Waterbury, CT 06702



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The Osher Lifelong Learning Institute (OLLI) at the University of Connecticut is an academic cooperative that provides older adults with opportunities for intellectual development, cultural stimulation, and social interaction.

Our programs are centered around classes developed and taught by members who volunteer their time and talents to share their knowledge, life passions, and interest with other members. The OLLI program also sponsors special events featuring noted authors, scholars, and experts in respected professional fields.